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contact@dare2succeed.eu

Timisoara, Romania

www.dare2succeed.eu

Assertiveness at the University

Timisoara, 12-16 November 2018

What is the goal of the training program?

The main purpose of the Erasmus+ STT week on Assertiveness at the University is to provide participants with the know-how needed to engage in effective communication and build meaningful relationships with their colleagues, partners and customers (students or others). The training will focus on understanding the differences between needs, wants and demands, while integrating them in the everyday activity. The training is not a customer service program but it can be perceived as one because the knowledge and skills provided are easily transferable to the customer support and service providing areas. Participants will interact in a dynamic scenery, designed to foster dialogue and debate, being constantly challenged through tasks and case studies consisting of hypothetical scenarios.

Whom does it address?

Participants to the training should be members of the academic community with an English level of B1 or above, looking to develop and/or improve their assertiveness: teaching staff, administrative staff, PhD candidates or researchers etc.

How is the program structured?

The training program will take place in the lovely city of Timisoara, Romania. Timisoara is also known as *little Vienna* because of its habsburgic look and traces of the Austrian Empire. Timisoara was elected European Capital of Culture for 2021 because of its beauty, rich cultural life and peaceful blend of ethnic minorities. The training program will be divided into presentations and workshops combined with one-to-one coaching sessions. With a total duration of 25 hours, the classes will take place from Monday to Friday, from 9 am to 3 pm. After completion, all participants will be awarded Erasmus+ Staff Mobility (STT) certificates. The training includes also a cultural component with the possibility to visit the Romanian village museum, a walking city tour and a traditional Romanian dinner.



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Can the training be funded through Erasmus+ STT grants?

Yes, each participant can apply for a mobility grant within his/her institution. We will provide all the required documentation for the Erasmus+ STT grant applicants: invitation, training curricula and certificate of attendance.

What is the cost of the program?

The program package costs 650 euro and it includes:

- the training program;
- accommodation for 6 nights in a 3 star hotel;
- meals: breakfast, lunch and dinner
- training materials.

How do I register?

By filling in the application form and submitting it to contact@dare2succeed.eu.

Should you require any additional information, do not hesitate to contact us either by e-mail or by phone: +40 721 305 948.